

BỘ GIÁO DỤC VÀ ĐÀO TẠO
CUỘC THI THIẾT KẾ BÀI GIẢNG ĐIỆN TỬ



UNIT 2: YOUR BODY AND YOU
LESSON 1: GETTING STARTED

MÔN TIẾNG ANH LỚP 10
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I. OBJECTIVES OF THE LESSON

By the end of this unit students can:

1. Knowledge:

- get to know the topic **YOUR BODY AND YOU** and vocabulary about how eating can affect one's health
- + know words and phrases related to:
 - parts of the body
 - some activities to live healthily
- + know and understand two common sayings related to the health
- memorize the use of "will" in the meaningful context

2. Competence:

- use target language in a meaningful context
- apply the knowledge from the lesson to the real life to live healthily
- develop their self-learning, problem-solving, communication ability and creativity
- build their learning motivation

3. Qualities:

- have responsible attitude towards their body and health
- + have a positive attitude towards choosing what to eat.
- + be aware of some kinds of food that are good for the body and which parts of the body each activity benefits

II. TEACHING AIDS AND RESOURCES:

1. Teacher: - Teaching aids: lesson plan, textbook, audio file, PPT, OFE platform.

2. Students: - Textbook, notebook, OFE platform ...

III. STAGES:

Teacher and students' activities	Content
Activity 1: (Time: depends - Individual): Getting to know the lesson:	

Aims: - To help students to develop their self-learning and problem solving.

- Student can read, understand and remember some contents before going to class. Those contents will be learning materials to help students during their learning process.

Step 1: T gives instructions: “*Read the conversation at page 16 and find out use of apples in the real life. See the reading and speaking materials in OFE platform and try to learn all the things you can there. Here you can also find the sample for your conversation.*”

Step 2: Students read the conversation and readings about use of apples at home. They also have to learn the sample for the conversation at home.

Step 3: Teacher follows students’ process.

Step 4: Teacher summarizes students’ questions to answer in class.

- Readings about the use of apples in **OFE platform** : Part 2.11 from the link: <https://ofe.ai/course/view.php?id=79>

- Language use to support students to build small talk.

- Conversation in *Getting started* in the **textbook**

Activity 2: Warm-up (5’ - Whole class):

Brainstorming

Aims: - *Students get involved in the lesson.*

- *Student can access to the topic.*

- *Students know and understand the common saying related to the health*

***PPT:**

Questions:

1. *What is the girl doing?*

2. *What are the benefits of eating apples?*

<p><i>while they can revise the use of “will” in conditional sentence type 1.</i></p> <p>Step 1: T gives Ss the picture: <i>“Look at the picture and answer questions”</i></p> <p>Step 2: Ss look at the picture.</p> <p>Step 3: Ss answer the questions. T listens</p> <p>Step 4: T confirms, gives comments, leads to the content of the lesson.</p>	<p><i>3. Look at the following saying, can you speak it in English?</i></p> <p>Suggested answers:</p> <ol style="list-style-type: none"> 1. (She is) eating an apple 2. ... 3. An apple a day keeps the doctor away.
<p>Activity 3: Presentation (10')</p> <p>Aims: <i>Students know some words and phrases related to: - parts of the body - some activities to live healthily</i></p> <p>Task 1. Listen and read (Individual)</p> <p>Step 1: T gives the task to students: <i>“Listen to the conversation between Nam and Mr Long. Whenever you hear the following words or phrase, you say BINGO”</i></p> <p>- Time: 3 minutes</p> <p>Step 2: T plays the recording while students listen and say BINGO.</p> <p>Step 3: 3 pairs read the conversation</p> <p>Step 4: T gives remark</p>	<p>* Audio file/OFE platform</p> <p>* Textbook.</p> <p>List of words:</p> <p>prevent disease healthy bones weight brain boost</p>
<p>Activity 4: Practice (16')</p> <p>Aims: <i>Students understand more about the most important content of the conversation through discussion about</i></p>	

the significance of eating affecting people's health, know the use of some words and phrases related to parts of the body and activities to live healthily in the context and they can use some language focus to express their ideas.

Task 2: Discussions (groupwork)

- **Step 1:** T instructs: *“The conversation mentions the benefits of eating apple and drinking apple juice. You work in groups in 3 minutes and find out those benefits”*

Step 2: T controls the class and gives help if necessary while students work in groups

Step 3: - 2 group report their answer

+ 1 group reports benefits of eating apples.

+ 1 group reports benefits of drinking apple juice.

Step 4: T confirms

Task 3: Listen and repeat the words or phrases

Step 1: T instructs: *“Listen then repeat the words then put them into categories as in the table.”*

Step 2: T plays the tape while students do the task

***Textbook, Zoom (Breakout)**

1. Benefits of eating apples:

+ It can help you lose weight, build healthy bones, and prevent diseases like cancer.

2. Benefits of drinking apple juice:

+ It will help keep you from getting Alzheimer's disease, boost your brain's memory function and remember things for a long, long time.

Task 3: Listen and repeat the words or phrases. Then put the words into categories

NOUN	ADJECTIVE	VERB
disease	nervous	prevent
bones	healthy	balance
system		boost

<p>Step 3: Some students read the words.</p> <p>Step 4: T corrects students' work in pronunciation and the table.</p> <p>- T explains the meanings if necessary</p>	<p>balance</p> <p>weight</p> <p>lung</p> <p>skeleton</p> <p>brain</p>			
<p>Activity 5: Production (10')</p> <p>Aims: <i>To use target language in a meaningful context</i></p> <p>Task 4: Making a small talk.</p> <p>Step 1: T instructs: <i>“In 3 minutes, make a talk in pairs choosing one of the two tasks:</i></p> <p>Task 1: Discuss the saying “Laughter is the best medicine”</p> <p>Task 2: Discuss the use of apples based on the following content:</p> <p>Step 2: Students make the talk. T controls the class and provides help if necessary.</p> <p>Step 3:</p> <p>- 1 pair or two pairs give the answer orally</p> <p>Step 4: T remarks.</p>	<p>* OFE platform</p> <p>Task 4: The content of the talk:</p> <ol style="list-style-type: none"> 1. + Greeting. <ul style="list-style-type: none"> + Present the saying. + The meaning of the saying. + You agree or disagree with it. + How you can apply it to your life. 2. + Greeting. <ul style="list-style-type: none"> + Creating the situation. + Asking and answering about the use of apples. + Give advice to someone related. 			
<p>Consolidation (2'):</p> <p>- Students summarize the main points of the lesson with teacher's help.</p>	<p>- get to know the topic YOUR BODY AND YOU and vocabulary about how eating can affect one's health</p> <p>+ know words and phrases related to:</p> <ul style="list-style-type: none"> - parts of the body - some activities to live healthily 			

	<ul style="list-style-type: none"> + know and understand two common sayings related to the health - memorize the use of “will” in the meaningful context + use target language in a meaningful context - apply the knowledge from the lesson to the real life to live healthily
<p>Homework (1’):</p> <ul style="list-style-type: none"> - Use what you know from the lesson to give anyone around you who need advice for their health. - Prepare for lesson 2: LANGUAGE (2.2, 2.5 in OFE Platform + Page 17&18 in the textbook. <p>Link for OFE Platform: https://ofe.ai/course/view.php?id=79</p>	<ul style="list-style-type: none"> - Use of apples. - Students check the pronunciation and meaning of word in VOCABULARY. - Students play the tapes and practise Pronunciation at home. - Students read Grammatical points, mark what they don’t understand. Do any task in this part inf they can.

IV. COMMENTS:

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REFERENCES

<https://www.themegallery.com>

<https://www.pexels.com/vi-vn/videos/>

<https://www.flaticon.com/>

<https://www.google.com.vn/>